

COMMUNITY APPRECIATION WEEK

May 2-8

Pass Sales All Week**



Motivation Monday	Try It Tuesday	All Sports Day Wednesday	Cinco De Mayo Thursday	Pajama Day Friday	Luau Saturday	Superstar Sunday
H2O to Go Lobby All Day Grab a water to go and enjoy a motivating phrase to inspire you all day! 	Try It: Indoor Cycling Cycling Studio 9:30-10:30am 	Personal Training Flash Sale 20% off all PT Packages *Limit one per person. May 4 ONLY	Cookie Decorating Lobby 10am-noon Sombrero Cookies 	Movie Themed Cycle Cycling Studio 7-8am 	Kona Coffee Lobby All Day 7-11am 	Walk the Red Carpet All Day Nominate member Superstars!
FREE InBody Scale Assessments Lobby 9-11am See what you're made of beyond weight and BMI. 	Try It: Pickleball Gymnasium 10:30-11:30am 	Preschool Play Gymnasium 10:30-11:30am Fun activities for preschoolers ages three-five.	Seated Stretch Class Senior Center 103 S. Iowa St. 10-10:45am	Dip in for Donuts Lobby 7:30-8:30am Grab a donut after your morning swim or cycle class! 	FREE Entry for Moms with paid Youth admission! 	
Fitness in 15 Chair Yoga Fitness Studio Noon-12:15pm 	Fitness in 15 Foam Rolling Fitness Studio Noon-12:15pm 	Fitness in 15 BODYCOMBAT Fitness Studio Noon-12:15pm	Fitness in 15 Ab Blast Fitness Studio Noon-12:15pm 	Fitness in 15 Chair Yoga Fitness Studio Noon-12:15pm 	Family Open Swim Indoor Pool Noon-4:30pm Splash contest, craft, treasure dive and more!	Mother's Day Yoga The Collective 11am-noon Experience alignment yoga in a beautiful setting. Register here
THANK YOU	SilverSneakers Orientation Lobby 12:30-1pm Learn what your SilverSneakers membership gets you! 	FREE InBody Scale Assessments Lobby 11am-1pm See what you're made of beyond weight and BMI. 		 Blood Drive Gymnasium 12:30-4:30pm Register here	THANK YOU	Mother's Day Outing on Coal Creek 1-2:30pm Enjoy spring with a family walk. Learn about the natural history of Coal Creek. Register here
THANK YOU	Try It: Wallyball Racquetball Court 4-6pm	Open Gym Volleyball & Basketball Gymnasium 4-6pm	Cookie Decorating Lobby 4-6pm Sombrero Cookies 	Family Movie with Popcorn Lobby 3:30-5:30pm	Thank you for being part of our Bob L. Burger Recreation Center family! To celebrate your dedication to our community, we invite you to join us for Community Appreciation Week. It's our way of saying thanks for your continued support over these past few difficult years.	
Weight Room Orientation Fitness Atrium 6-7pm Learn how the weight room and machines work from a certified personal trainer. 	Ask the Experts: Personal Training Fitness Atrium 5:30-7pm Q&A with our certified personal trainers. 	ZUMBA Festival Plaza 5:30-6:30pm 311 S. Public Road Lafayette	Thank You!	Scan for Drop-In Fitness Schedule 	<p>*All activities are free with paid admission.</p> <p>**Pass Sale Details</p> <ul style="list-style-type: none"> • 25 Visits for the price of a 20 Visit Pass • Monthly Pass \$25 administrative fee waived! 	